



EXPLORATION WITH AN ARTISTIC TWIST

Hi, my name is Jessica and I'm the career counselor with Job Links, the employment/career counseling resource for the adult (16+) anglophone population of the Eastern Townships. I focus on employment and career counseling that guides clients towards rewarding careers that are right for them.

A variety of tools, resources and approaches are used in career counseling to ensure that our interventions are adapted to each client. One of the approaches that we use is art! Writing, drawing, collage and a combination of these help guide our clients in their self-exploration!

In partnership with local artist Trevor McKinven, we were able to explore what the participants like, what's important for them and what they're good at!

Trevor McKinven, native of the Eastern Townships, specializes in visual arts as well as performing arts. In 2010, McKinven made his debut at the Piggery Theatre with his one-man play "They Came From Away". Since his debut, he has produced this play in Montreal, Toronto and in the Maritimes.

If you're interested in receiving free English in-person or online career counseling services, please contact Job Links by phone 819 566-2224 ext. 0 or by email at joblinks@etsb.qc.ca.